



# 普通婦科及普查 Women's Health Clinic

For enquiries and appointments,  
please contact us at:

## Women's Health Clinic

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## Service Hours (By appointment only)

Monday to Friday: 9:00 am – 5:00 pm

Closed on Saturdays, Sundays and Public Holidays

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# Well Women Screening Programmes



養和醫院  
Hong Kong Sanatorium & Hospital

普通婦科及普查  
Women's Health Clinic

## Well Women Screening Clinic

The Well Women Screening Clinic provides a number of screening programmes for women of different age groups as well as those with different needs. This is to ensure that all women who come to our Clinic can receive the most appropriate screening for early diagnosis and treatment of diseases. Major screening items include:

- Breast Examination and Pap Smear:

Breast cancer and cervical cancer are two common cancers among women. Fortunately, both breast cancer and precancerous lesions in the cervix can be diagnosed early with proper screening, thus good survival can be achieved after treatment.

- Bone Densitometry:

Osteoporosis is common in post-menopausal women. If neglected, it may progress to a point where fractures frequently occur with minor trauma. Early detection of bone loss can prompt treatment, restore lost bone mass and reduce the chance of fracture. Dual Energy X-ray Absorptiometry (DEXA) is the preferred technology for measuring bone mineral density. It measures the bone mineral density of the spine, hip or total body to provide a reliable measurement of bone health, while exposing a woman to only 10% of the radiation in a chest X-ray.

## Comprehensive Well Women Screening Programmes

Item	Well Women Screening I (Mammogram)	Well Women Screening II (Ultrasound)	Deluxe Well Women Screening III	Menopause Screening IV	Advanced Menopause Screening V
Medical History	✓	✓	✓	✓	✓
Demonstration of Breast Self-Examination by Nurse	✓	✓	✓	✓	✓
<b>Physical Examination</b>					
Basic Physical Exam - BH, BW, P, BP	✓	✓	✓	✓	✓
Physical Exam by Doctor - Pelvis	✓	✓	✓	✓	✓
Physical Exam by Doctor - Breasts	✓	✓	✓	✓	✓
<b>Laboratory Tests</b>					
Urinalysis	✓	✓	✓	✓	✓
Complete Blood Count	✓	✓	✓	✓	✓
PAP Smear (Liquid-Based)	✓	✓	✓	✓	✓
<b>Medical Imaging</b>					
Bone Densitometry				✓	✓
Mammography (≥ 35 years old)	✓		✓	✓	✓
Breast Ultrasound (< 35 years old)		✓	✓		✓
Pelvis Ultrasound	✓	✓	✓	✓	✓
<b>Others</b>					
Follow-Up	✓	✓	✓	✓	✓
Medical Report	✓	✓	✓	✓	✓

Note: Bone Densitometry is provided at a special price to women who join any Well Women Screening Programme.